

All pray together this version of the Lord's Prayer:

**Holy Parent, Mother, Father,
to be in you is to be in heaven.
May we hear the wonder
that echoes in your name.
May we accept no rule
but the rule of love.
May we never tolerate the evil of hunger.
May the hurts we cause be forgiven
and the hurts we receive be healed.
May we remember that we are fragile
and cherish the life we share with all.
For all love, and life, and power
is the gift of the Spirit. Amen.**

The Bread is broken in silence

Communion with response:

Prayer after Communion:

**Lord God,
you have renewed us with the living bread from heaven;
so you nourish our faith,
increase our hope,
and strengthen our love.
May we always hunger for him who is the true and living bread,
and live by every word
that proceeds from your mouth;
through Jesus Christ our Lord.**

Blessing:

Christ give us grace to grow in holiness,
deny ourselves, take up our cross, and follow him;
and the blessing....

Hymn: 503 O Jesus, I have promised

St Anne's Eastville: Community Communion for the 1st Sunday in Lent 2026

Hymn: 190 Forty days and forty nights

Welcome and introduction

Collect: Heavenly Father, your Son battled with the powers of darkness,
and grew closer to you in the desert:
help us to use these days to grow in wisdom and prayer
that we may witness to your saving love in Jesus Christ our Lord.

Gospel Matthew 4.1-11

N Hear the gospel of our Lord Jesus Christ according to Matthew.

Glory to you, O Lord.

N Then Jesus was led up by the Spirit into the desert
to be tested by the devil.

He fasted for forty days and forty nights,
and afterwards he was famished.
The tempter came and said to him,

S **If you are the Son of God**, just say a word,
and these stones will become loaves of bread.

J **It is written**,
'A person does not live by bread alone,
but by every word that comes from the mouth of God.'

N Then the devil took him to the holy city
and stood him on the highest point of the temple, and said to him,

S **If you are the Son of God**, throw yourself down, for **it is written**,
'He will command his angels concerning you,'
and 'On their hands they will bear you up,
so that you don't dash your foot against a stone.'

J Again **it is written**, 'Do not put the Lord your God to the test.'

N Then the devil took him up an incredibly high mountain
and showed him all the kingdoms of the world, and how glorious they
are, and said to him,

S All of this I will give you, if you will just fall down and worship **me**.

J Away with you, Satan! for **it is written**,
'Worship the Lord your God, and serve only him.' "

Then the devil let go of him, and look! angels came and waited on him.

N This is the gospel of the Lord. **Praise to you, O Christ.**

Confession

In the light of this gospel story, let us confess our sin. (*silence*)

For all the times we have put the demands of the flesh before the call of God,
Lord, have mercy. **Lord, have mercy.**

For all the times we have shown off, just to make people admire us,
Christ, have mercy. **Christ, have mercy.**

For all the times we have wanted power over others and over the world,
and not respected them for who they are, Lord, have mercy. **Lord, have mercy.**

God + forgive us for all the times us have turned from our true path,
and send the holy angels to bring us back on to it.

The children go out

Chant:

God is forgiveness

*A time of **silence** to be in the wilderness with Christ.*

*All come together for a time of **intercession***

*The **Peace** is exchanged quietly.*

The gifts of bread and wine are placed on the altar
Eucharistic Prayer with the response:

Our eyes are turned to the Lord Jesus Christ:
Our eyes are turned to the Lord God our Saviour

The Eternal One be with you! **And with your spirit!**
Lift up your hearts **We lift them to the Eternal One.**
Let us give thanks to the Giver of Bread.
It is good to give thanks and praise.

We give thanks that the Holy Spirit took Jesus into the wilderness;
that he overcame the temptation to be the wrong sort of Messiah;
We give thanks that he spent time with the Angels.
And now we sing with the angels,
and with all who have followed Jesus through the wilderness...
Our eyes are turned...

We ask the Holy Spirit to come now upon these gifts of bread and wine
that they may be for us the Body and Blood of Christ.
Our eyes are turned...

On the night before he died,
Jesus took the bread, gave thanks, broke the bread, and gave it to
them, saying:
Take and eat; this is my body.
Our eyes are turned...

Afterwards he took the cup of wine,
Gave thanks, and gave it to them, saying:
Drink this, all of you, this is my blood.
Our eyes are turned...

We give thanks for all that Jesus was and did;
for his life and death and rising from the dead.
We give thanks that he calls us together to become his body on earth;
we pray for all his people, living and departed.
And we give you glory, Eternal One,
now and always and through the ages of ages.
Our eyes are turned...